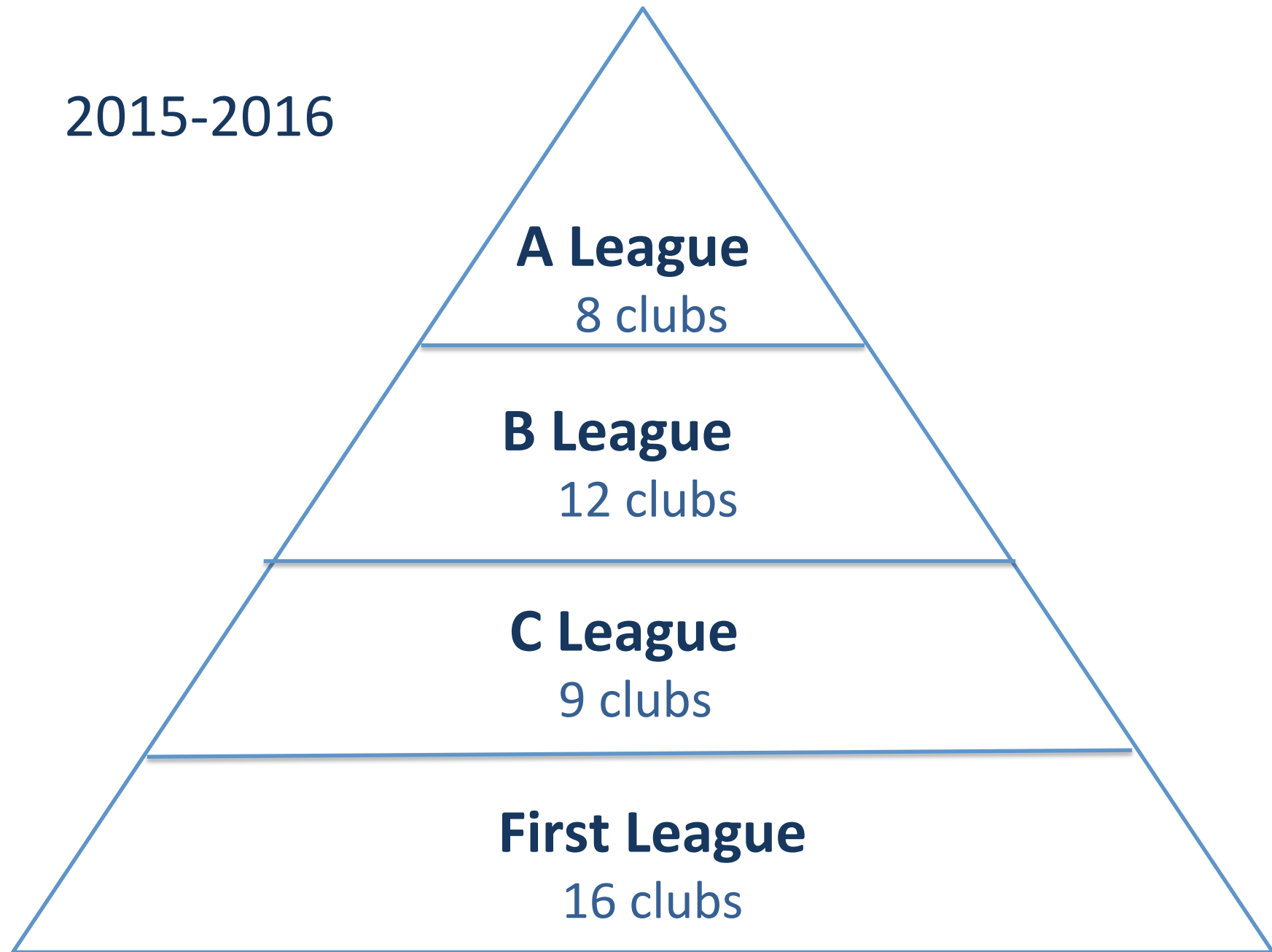


2015-2016 Season

2015-2016



A League

8 teams

HERMANCE
GENEVA PLO
AVUSY
NYON
Lausanne UC
STADE LAUSANNE
GC ZÜRICH
LUGANO

ELITE B League

6 teams

CERN
BASEL
NEUCHÂTEL
BERN
WURENLOS
WINTERTHUR

B League

6 teams

FRIBOURG
MONTHÉY
NYON 2
RU ZÜRICH
CHAUX DE FOND
ZUG

C League

9 teams

GC ZÜRICH 2
TICINO
ST GALLER
ALBALADEJO
LUZERN
SCHAFFHAUSEN
SOLOTHURN
BASEL FT
HTE BROYE/RIVIERA

FIRST LEAGUE EAST

8 teams

CERN 2
LUGANO 2
BERN 2
NEUCHÂTEL 2
ZUG 2
WURENLOS 2
WINTERTHUR 2
BIENNE

FIRST LEAGUE WEST

8 teams

YVERDON
AVUSY 2
GPLO 2
NYON 3
LUC 2
EHL
HERMANCE 2
SIERRE

A League

2015-16 Season

- One pool of 8 teams = 14 matches
- Only the last team is relegated
- Playoffs = semi-final and final according to the same principals as the previous season
- Swiss Cup = 3 dates

B League

2015-2016 season

REGULAR PHASE

- 2 pools of 6 teams = 10 matches
- Elite Pool (clubs with a second team) = 4 teams qualified for playoffs
- Regular Pool = 2 teams qualified for the playoffs

PLAYOFFS

- 3 home games, 2 away games for the teams in first and second places of the Elite Pool and the team in first place of the regular pool
- 2 home games and 3 away games for all other qualified teams
- Playoff winner is promoted to LNA

PLAYOUTS

- 3 home games, 2 away games for the team in fifth place of the Elite Pool and the teams in third and fourth place of the Regular Pool
- 2 home games and 3 away games for all other teams
- The last team is relegated to LNB

C League

2015-2016 Season

- One pool of 9 teams = 16 matches
- The winner is promoted to LNB
- The team in second place plays a promotion/relegation match against the team in 11th place in LNB

First league

2015-2016 Season

- 2 pools of 8 teams
- Pools are coordinated with LNB so that two teams from the same club can travel together
- Same mode of operation as the previous season
- See Art. 94 of the competitions regulations

Junior players in adult competitions

2015-2016 Season

To ensure player safety, the principles governing exceptional authorisations delivered by the Swiss Rugby Union allowing junior players to participate in adult competitions have been rectified. The following procedure now applies:

1. Technical tests

Players will be submitted to a rugby technical ability test.

A written request for the protocol must be submitted to the National Technical Director.

1. Medical tests

- a. Cervical x-ray
- b. Electrocardiography (ECG)
- c. Examination by one of the Swiss Rugby Union's accredited doctors

Junior players in adult competitions

2015-2016 Season

If this procedure is not respected,
the club president will be
fully liable for any legal and financial
consequences
should an accident occur.

The Swiss Rugby Union will not be held liable.